MPT Terms and conditions 2023/24

**MPT Personal Training**

Dear Client,

**Please read below and sign.**

1. Client must pay on the 1st of each month\*
2. The minimum notice period to end your agreement is 1 month, following the month that you give your notice. (For example, if you give notice on 16th April, you will pay on the 1st of May, and then finish at the end of May)
3. Cancellations with less than 48 hours’ notice will incur a 50% charge. Cancellation of a session with less than 24 hours’ notice will mean the session is charged at the full cost.
4. When an appointment is cancelled by the Client, Monica will supply three alternative times and dates to choose from.
5. It is both Monica and the Clients responsibility to book in sessions in the first two weeks of the previous month. This is on a first come, first served basis.

\*If the 1st falls on a bank holiday, please pay on the next working day.

Print name: ..............................................................

Sign: ........................................................................

Date: .......................................................................

Please may I take this opportunity to reiterate how important you are as a client. I want to be able to offer you the best possible service. As a result, I will only be taking on a small selection of clients, therefore the above T&Cs are essential to both yourself and I.

Many thanks,  
Monica